

## Prayer Focus

Email your requests to  
[prayer@agapepinson.com](mailto:prayer@agapepinson.com)

**2 Peter 1:5-7 (ESV)** For this very reason, make every effort to supplement your faith with virtue, and virtue with knowledge, and knowledge with self-control, and self-

control with steadfastness, and steadfastness with godliness and godliness with brotherly affection, and brotherly affection with love.

See also **Acts 24:25** and **Titus 2:11-12**.

*We are praying that God would empower us to grow in self-control.*

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## Upcoming Events

Email [info@agapepinson.com](mailto:info@agapepinson.com) for more details.

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### This Week

- **Wed Oct 2<sup>nd</sup>** at 6:30pm - RELY prayer and worship night.

### Save the Date

- **Wed Oct 9<sup>th</sup>** at 6:00pm - AgapeU Fall classes begin! *If you have not already done so, please check your email for a survey. Filling this out will help us as we prepare for the Honorable Marriage class.*

## Gospel Community Groups

Email [GC@agapepinson.com](mailto:GC@agapepinson.com) for directions or more details.

**Blount County GC:** October 12<sup>th</sup> and 26<sup>th</sup> at 6:30pm

**Pinson GC (Ledbetter):** October 7<sup>th</sup> and 21<sup>st</sup> at 6:30pm

**Pinson GC (Dean):** October 11<sup>th</sup> and 25<sup>th</sup> at 7:00pm

**Trussville GC (Cleveland):** October 25<sup>th</sup> at 6:00pm



Worship Service Guide || 9.29.2019

**A reading from James 4 (ESV):** <sup>1</sup>What causes quarrels and what causes fights among you? Is it not this, that your passions are at war within you? <sup>2</sup>You desire and do not have, so you murder. You covet and cannot obtain, so you fight and quarrel. You do not have, because you do not ask. <sup>3</sup>You ask and do not receive, because you ask wrongly to spend it on your passions. <sup>4</sup>You adulterous people! Do you not know that friendship with the world is enmity with God? Therefore whoever wishes to be a friend of the world makes himself an enemy of God. <sup>5</sup>Or do you suppose it is to no purpose that the Scripture says, "He yearns jealously over the spirit that he has made to dwell in us"? <sup>6</sup>But he gives more grace. Therefore it says, "God opposes the proud but gives grace to the humble." <sup>7</sup>Submit yourselves therefore to God. Resist the devil, and he will flee from you. <sup>8</sup>Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded. <sup>9</sup>Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. <sup>10</sup>Humble yourselves before the Lord, and he will exalt you. <sup>11</sup>Do not speak evil against one another, brothers. The one who speaks against a brother or judges his brother, speaks evil against the law and judges the law. But if you judge the law, you are not a doer of the law but a judge. <sup>12</sup>There is only one lawgiver and judge, he who is able to save and to destroy. But who are you to judge your neighbor?



## Life in Christ #7 - Right Anger in a Culture of Sinful Rage

Text questions about this topic to 205-810-1270

### Anger Defined:

Anger is an emotion of **displeasure**, awakened in defense of that which is **good** (*that which we love or that which we find valuable*) and released against that which is **evil** (*that which threatens to do harm to what we love or find valuable*).

- **Sinful** anger occurs when this normal emotion becomes **distorted** by our fallen human nature. This affects **why** we get angry, **how** we process it, and **what** we do out of our anger.

### In this Series:

1. The destructiveness and **futility** of sinful anger.
2. The source and **application** of right anger.
3. Identifying and \_\_\_\_\_ distorted anger.

### Identifying Distorted (Sinful) Anger in Your Life

- Identify the cause: \_\_\_\_\_ passions. (James 4:1-5)
  - Distorted passions are the cause of distorted \_\_\_\_\_.
- Identify the effects: Thoughtful, consistent \_\_\_\_\_. (2 Corinthians 13:5, Lamentations 3:40, Psalm 119:59)
  - Of your \_\_\_\_\_, the **word**, and the \_\_\_\_\_ of others. (Luke 6:44-45, James 1:25, Proverbs 27:6)

### Correcting Distorted (Sinful) Anger in Your Life

- \_\_\_\_\_ your anger: What is the big thing that I am \_\_\_\_\_ right now?
- Own the \_\_\_\_\_ for your anger. (James 4:6, 12)
- In complete dependence on Jesus, ask Him for the \_\_\_\_\_ and \_\_\_\_\_ to follow in His steps. (Colossians 3:13)
  - He came close to us, spoke \_\_\_\_\_ to us, and served us.

### Personal Notes on this Message:

Sources for this series include Timothy Keller, Jon Bloom, John Piper, David Powilson, and the American Psychological Association.